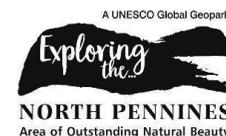




KIRKBY STEPHEN & DISTRICT WALKERS ARE WELCOME

Walks Programme Dawdles and Legstretchers – 2026 Spring



Date	Time	Meet	Where		Miles to start	Walk leaders
Thr 5 Mar	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk	Kirkbank and Slack Gap Lanes	0	Ann Sandell
Fri 6 Mar	9:30	Christian Head car park	Legstretchers with car share	Fox Tower 6.5km/4miles, 320m/1049ft, 2.5hrs.	4.5	Ester Sloggett
Thr 12 Mar	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk with car share	Wharton circular from Stenkrith	1	Ann Sandell
Thr 19 Mar	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk	Hartley Lane & Swingy Bridge	0	Ann Sandell
Thr 26 Mar	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk	Sandwath circular & Owen's Farm	0	Ann Sandell
Thr 2 Apr	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk with car share	Smardale Nature Reserve	2.6	Ann Sandell
Fri 3 Apr	09:30	Christian Head car park	Legstretcher with car share	Swindale Valley, 7.4km/4.6miles, 90m/300ft, 2.5 hrs.	22	Ester Sloggett
Thr 9 Apr	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk	Greenriggs circular	0	Ann Sandell
Thr 16 Apr	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk with car share	Church and Market Brough + ice cream parlour	4.1	Ann Sandell
Thr 23 Apr	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk	Hartley Village circular	0	Ann Sandell
Thr 30 Apr	10:30	The Cloisters, Kirkby Stephen	Dawdles Walk with car share	Ravenstonedale circular	4.8	Ann Sandell

Dawdles walks should take about an hour unless otherwise stated, 2.5/3 miles - Where there is a car share, allow for extra time to reach destinations and return.

We usually find optional refreshments to continue our social gatherings. Everyone welcome, suggested donation £1 per walk towards expenses.

We will substitute the walk leader if not available, back marker added on the day as needed. We carry Public Liability Insurance.

Legstretchers, allow for a morning out – usually first Friday once a month - Timings are done by two people and it always takes a bit longer with a group. We will find a café at the end where possible but suggest bringing a drink and snack. Please dress appropriately for the time of year and be prepared for rain at any time. Suitable footwear is necessary for these walks.

Find us on Facebook: <https://www.facebook.com/wawks> Website: <http://www.walkeden.org/> Email: waw@uppereden.org.uk



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Thursday 5th March

Dawdles Walk Kirkbank & Slack Gap Lanes

Meet at The Cloisters 10:30

Heading north out of town we pick up Kirkbank and then Slack Gap Lanes towards Hartley, returning via Hartley Road. Optional refreshments in the town.

Thursday 6th March

Legstretcher walk Fox Tower and Mount Ida, Brough

Meet at Christian Head car park for car share 4.5 miles

6.5km/4miles, 320m/1049ft, 2.5hrs. Walking from Helbeck Quarry across to the iconic Fox Tower and up to Mount Ida overlooking Brough and the Eden Valley.

Thursday 12th March

Dawdles Walk Wharton circular

Meet at The Cloisters 10:30 for car share Stenkrith 1 mile

This charming walk to Nateby and then over the river to Wharton returning via Jubilee Park and Upper Stenkrith. Optional refreshments back in Kirkby Stephen.

Thursday 19th March

Dawdles Walk Hartley Lane and Swingy Bridge

Meet at the Cloisters 10:30

From Frank's Bridge we will pick up the river path and Hartley Lane to Swingy Bridge, returning to Kirkby Stephen via Bollam Lane. Optional refreshments in town after our walk.

Thursday 26th March

Dawdles Walk Sandwath circular and Owen's Farm

Meet at The Cloisters 10:30

There are three routes to Sandwath along medieval lanes from Kirkby Stephen so we will choose the most suitable under foot for a walk on the day. With refreshment stop half-way at Owen's Farm.

Thursday 2nd April

Dawdles Walk Smardale Nature Reserve

Meet at The Cloisters for car share 2.6 miles

Celebrating Easter with an early trip to this reserve to see some signs of spring. Optional refreshments back in Kirkby Stephen

Friday 3rd April

Legstretcher Swindale Valley

Meet at Christian Head car park 09.30 for car share 22 miles

A treat to visit this hidden valley in spring. 7.4km/4.6miles, 90m/300ft, 2.5 hrs.

Thursday 9th April

Dawdles Walk Greenriggs circular

Meet at The Cloisters 10:30

A walk to the west of the town taking in the route of our family adventure route. Optional refreshments back in Kirkby Stephen.

Thursday 16th April

Dawdles Walk Church and Market Brough circular

Meet at The Cloisters 10:30 for car share 4.1 miles

Off to Brough with a special treat at the Brough Castle Ice Cream Parlour after our walk.

Thursday 23rd April

Dawdles Walk Hartley Village circular

Meet at The Cloisters 10:30

One of our favourite little walks to the pretty village of Hartley. Optional refreshments in Kirkby Stephen.

Thursday 30th April

Dawdles Walk Ravenstonedale

Meet at The Cloisters 10:30 for car share 4.8 miles

There are lots of options for a walk around Ravenstonedale, whatever the weather so we'll choose on the day. May be suitable for disabled buggies. Optional refreshments in Ravenstonedale.

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